Explorations in Spiritual Care, Pastoral Practice and Psychotherapy

A series of personal and professional development workshops for chaplains, counsellors & psychotherapists, faith leaders and health & social care professionals who want to deepen their practice of psycho-spiritual care.

Drawing on various models including Clinical Pastoral Education & Person Centred Therapy plus the collected wisdom of participants.

Led by highly experienced practitioners and trainers from the world of health & pastoral care & psychotherapy.

♦ Participants will be given the opportunity to reflect on their professional & personal identity (including their spiritual identity).

♦ The course is open to people of all faiths and none.

♦ The themes of each day will be developed by various speakers in the morning and considered together in small facilitated reflective practice groups in the afternoon.

♦ Participants will be expected to bring material from their own practice as it relates to each days theme.

♦ At the end of the course there will be opportunity to consolidate learning in an optional 3,000 word essay.

♦ Detailed reading lists will be provided each week.

Day 1 11th September 2014
How to get the best out of Pastoral Supervision (supervisee and supervisor) & Reflective Practice
Tony Nolan

Day 2 9th October 2014
Psychopathology & Person Centred Spiritual Care: Beyond the medical model
Rachel Freeth

Day 3 13th November 2014
Responses to Suffering: an exploration of Buddhist, Christian & Muslim understandings
Mohamed Patel, Margaret Whipp & Nigel Northcott

Day 4 9th December 2014
Radical Presence: A model of Psycho-Spiritual care
Guy Harrison

Each day begins at 10am and finishes at 4.30pm

COST £220/£198 if paid by 10/08/14 (tea & coffee included)

The course is designed as a whole. Participants are therefore expected to attend all 4 days.

For further details please contact: Guy Harrison
guy.harrison@oxfordhealth.nhs.uk 08452191145
Tony Nolan is an experienced group facilitator, supervisor and co-ordinator of Sarum College's pastoral supervision and group facilitation services. He is a senior accredited supervisor with APSE and an associate at the Institute of Pastoral Supervision and Reflective Practice. He is the author of Supervision as Courageous Conversation in Enriching Ministry: Pastoral Supervision in Practice (SCM 2014) Tony is highly involved in promoting supervision in a wide variety of settings.

Rachel Freeth is a psychiatrist working part-time in a community mental health team in Herefordshire. Rachel also works as a volunteer counsellor for a charity in Gloucestershire, having trained in the late 1990’s as a person-centred counsellor. In recent years she has been delivering workshops where she tries to bring together both professional backgrounds to help counsellors, psychotherapists and pastoral workers develop greater understanding of mental health and psychiatry. Rachel has a long standing interest in pastoral care and spiritual dimensions of healing and is author of Humanising Psychiatry & Mental Health Care.

Mohamed Patel is Equality & Diversity Lead and Muslim chaplain at OHFT. He is a Muslim scholar with a background in education and law with expertise in equality and diversity issues. Mo has a long standing interest in spiritual and emotional wellbeing and is a trained reflexologist.

Margaret Whipp is a pastoral theologian and educator. She has many years of NHS experience as a clinical oncology and palliative care physician and is now Chaplain for the Cancer Services in the Churchill Hospital, Oxford. Margaret is author of the recently published SCM study guide, Pastoral Theology.

Nigel Northcott is a nurse, educator and Dharma student – a committed follower of the Buddha’s teachings. He is a senior tutor at the Open University on a Masters programme in Advancing Professional Practice and has delivered a number of individually tailored consultancy contracts with a particular interest in the affective and interpersonal domain of work. For over 20 years Nigel has been a visiting Buddhist Chaplain to the prison service and the NHS. He manages an allotment/gardening project for a local homelessness charity.

Guy Harrison (also reflective practice co-facilitator) is Head of Spiritual & Pastoral Care at OHFT. He has worked for 17 years as a Health Care Chaplain and Counsellor in hospice, acute care, mental health care and community contexts. He has wide experience of training in pastoral care within health care and local multi-faith contexts and is an experienced supervisor. He is a BACP accredited psychotherapist and a senior accredited pastoral supervisor (APSE). In pursuing doctoral studies in psychotherapy his aim is to further develop and integrate his experience and knowledge in the field of spiritual & pastoral care and psychotherapy.

Jill Buckeldee (reflective practice co-facilitator) is a psychodynamic counsellor with an interest in spirituality. She is currently doing a doctorate in how spirituality is understood and worked with in psychodynamic practice. She works as a counsellor at a theological college and has a private practice. Jill was a senior nurse in community care involved in training nurses and other health care professionals and is currently developing her work within a hospice context.

**VENUE**

Peace House, 19 Paradise Street, Oxford, OX1 1LD

Peace House is situated within 5 minutes walk of Oxford Railway Station and Oxford Park and Ride buses. Please note parking in central Oxford is difficult and/or expensive but is well supplied with Park and Ride from the A34 (North and South), A 420 and A 40/M40.