

## Appendix B

### Pastoral Supervision is:

- **a regular, planned, intentional and boundaried space** in which a practitioner skilled in supervision (the supervisor) meets with one or more other practitioners (the supervisees) to look together at the supervisees' practice
- **a relationship** characterised by trust, confidentiality, support and openness that gives the supervisee freedom and safety to explore the issues arising in their work ☐ Spiritually/theologically rich – works within a framework of spiritual/theological understanding in dialogue with the supervisee's world view and work
- **psychologically informed** – draws on relevant psychological theory and insight to illuminate intra-personal and inter-personal dynamics
- **contextually sensitive** – pays attention to the particularities of setting, culture and world-view ☐ praxis based – focuses on a report of work and /or issues that arise in and from the supervisee's pastoral practice
- **a way of growing** in vocational identity, pastoral competence, self awareness, spiritual/theological reflection, pastoral interpretation, quality of presence, accountability, response to challenge, mutual learning
- **attentive** to issues of fitness to practice, skill development, management of boundaries, professional identity and the impact of the work upon all concerned parties

### Pastoral Supervision is not:

- **Spiritual accompaniment** – for the sole or primary purpose of exploring the spiritual life and development of the supervisee(s). Aspects of this may arise in Pastoral Supervision but are not the main focus.
- **Counselling** – for the purpose of helping the supervisee(s) gain insight into their personal dynamics, or helping the supervisee(s) to resolve or live more positively with their psycho-social limitations. Aspects of this may arise in Pastoral Supervision and, if necessary, the supervisee(s) may be encouraged to seek counselling support.
- **Line management** – for the purpose of addressing professional practice and development issues in relationship to the supervisee(s)'s performance and accountability (whether paid or voluntary) to her/his employer. Aspects of this may arise in Pastoral Supervision but are not the main focus.