

Institute of Pastoral Counselling & Supervision



Continuing Professional Development



8th - 9th
October
2020

We still have places for this fully socially-distanced, overnight course, now with meals and accommodation, at the luxury venue of Eastwood Hall, Mansfield Road, Nottingham NG16 3SS

Understanding Me, You & Us:

**An Introduction to
Transactional
Analysis
(TA101 Accredited
Course 13hrs CPD)**

Course Leader:
**Chrissie
Hosking** MA,
PTSTA, APSE
Snr.Accred.

16 places available

Face visors provided

Understanding Me, You & Us

Transactional Analysis is a model for understanding human behavior, communication and relationships. It was originally developed in the 1950s by the late Eric Berne. This introductory course will examine the theory of TA, including the structure of personality, transactions/ the way we relate to others, time structuring, the psychological "games" we play and life scripts. A willingness to participate in small group experiential activities is essential.

This two day TA101 course would be of particular interest to people in helping or pastoral roles such as pastoral supervisors, ministers, lay pastoral leaders or those in management, communication or teaching. There are no entry requirements for this course. The course is recognised and certified by the International Transactional Analysis Association (ITAA) and the European Association for Transactional Analysis (EATA) and is the entry level for accredited TA training. Your certificate will be recognised internationally.

Fee £290

To book your place contact: Tim Haggis
timhaggis@hotmail.co.uk

