

Diploma in Group Supervision



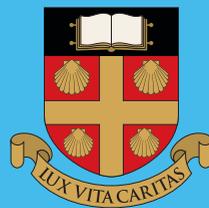
A creative and professional training for experienced supervisors who want to or already offer group supervision.

Set in an atmosphere of prayer and discernment, the course builds on key theories of supervisory practice to focus on developing and facilitating pastoral supervision groups for a variety of contexts.

The content of the course draws on different modalities, models of participation and theories of group work. Attention will be paid to group formation, cohesion, intercultural and power dynamics.

Participants will engage in group exercises, reflect on demonstrations in the light of the theories taught and practise leading groups.

Led by Jane Leach and Debbie Ford



**Wesley House
Cambridge**

For further information and to apply visit:
www.wesley.cam.ac.uk/pastoral-supervision/groupsupervision

Diploma in Group Supervision

Wesley House Cambridge

Course Leaders

Debbie Ford is an APSE accredited senior supervisor with more than ten years experience of supervising individuals and groups in a variety of contexts. She is an ordained Anglican priest, a UKCP registered psychotherapist and an experienced healthcare chaplain. She is part of the Wesley House team that delivers ongoing supervision training. She says:



"Supervision groups are a rich and rewarding way to engage in reflective practice but they demand robust skills and group management. I am excited to be part of this new venture."

Jane Leach is an APSE accredited senior supervisor and trainer. She was the founding chair of APSE and is the author of *A Charge to Keep*, and, with Michael Paterson, of *Pastoral Supervision: A Handbook*. She holds a diploma in creative supervision methods from the London Centre for Psychodrama. She is an ordained Methodist presbyter, serving as the Principal of Wesley House. She has more than 15 years experience of teaching pastoral supervision and has developed training materials for use in Britain, the USA and Kenya. She researches and supervises academic research in this field.



"It has been so energising to put this course together and I really look forward to sharing the learning with other participants. This course will strengthen the skillset of anyone engaging in reflective practice with groups in a pastoral setting."

Course details

- 5 intensive face to face days followed by ongoing online supervision groups (6 x 2 hours at monthly intervals) run by the course leaders.
- Prior to the start of the taught component about 16 hours of preparation is needed, including identifying 6-8 people who are willing to form a pastoral supervision group for the trainee to lead for six months and reflect on during the course.
- The course will be assessed by a portfolio that tracks the development and leadership of the trainee-led supervision group.
- In total the course will provide 120 hours of continuing professional development.

Course Dates in 2022

Intensive Days:

31 January - 4 February 2022

Supervision Groups:

Monday afternoons 2-4pm on
21 March, 25 April (tbc), 16 May,
20 June, 11 July and 5 Sept. 2022

Portfolio Submissions:

31 October 2022

Course Costs in 2022

£950 including teaching, assessment and supervision costs.

We have a limited amount of self-catering accommodation for residential courses. Single rooms cost £325 for five nights.

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